

The Lunchbox

P&C Association
KENMORE SOUTH STATE SCHOOL



TERM 3 - FRIDAY MENU

Tuckshop OSHC Uniform

Snacks :

Apple slinky (GF)	\$1.50
Seasonal fruit (GF)	\$3.50
Free range boiled egg (GF)	\$1.20
Corn on the cob (butter optional) (GF)	\$2.50
Turkish cheese toasties	\$3.00
Corn chips & guacamole	\$2.50
Summer cups: jelly/fruit/custard/crumble (GF)	\$3.00
Warm apple pancakes & custard	\$4.00
Homemade cookie of the day	\$1.00

Sandwiches – plain or toasted :

Vegemite	\$3.00
Cheese	\$4.00
Egg & lettuce	\$4.50
Leg ham & cheese	\$4.50
Leg ham/cheese/tomato	\$4.50
Roast chicken/cheese/lettuce/mayo	\$4.50
Roast chicken & salad	\$5.00
Leg ham & salad	\$5.00
Tuna/mayo/salad	\$5.00
Garden salad sandwich - Vegetarian (cheese/tomato/lettuce/carrot/beetroot/bean sprouts)	\$5.00

Wraps :

Leg ham & salad	\$5.00
Chicken/mayo/salad	\$5.00
Tuna/mayo/salad	\$5.00
Garden salad wrap	\$5.00

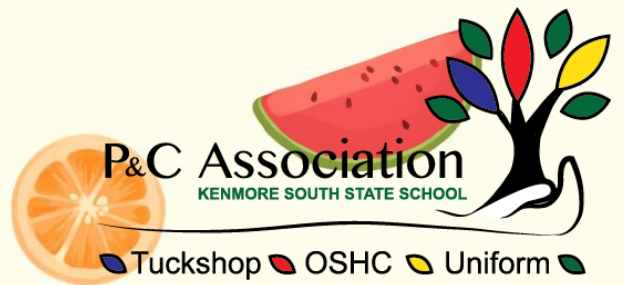
Lunch Box :

½ wrap/muffin/fruit/pikelet	\$5.50
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Snack Pack :

Brown rice crackers – celery/cheese/carrot sticks/tub of hummus/pikelet	\$5.50
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Salads :

- Vegetarian Caesar Salad \$6.00
- Regular Caesar Salad \$6.00

Hot Meals :

- Spaghetti bolognese \$6.00
- Butter chicken (GF) \$6.00
- Home-made chicken noodle soup with warm Turkish \$5.50

Pizzas :

- Cheese Ham & Cheese Vegetarian \$5.50

BLT :

- Pan fried short cut bacon/tomato/lettuce/mayo on toasted Turkish \$6.00

SUSHI MUST BE PRE-ORDERED AND AVAILABLE 2ND BREAK ONLY :

- Chicken teriyaki per serve \$3.50
- Avocado per serve \$3.50
- Tuna per serve \$3.50

Beverages :

- Orange Nudie Juice \$2.20
- Tropical Nudie Juice \$2.20
- Apple Nudie Juice \$2.20
- Hot chocolate \$1.50
- Hot chocolate with marshmallows \$2.00
- Cold chocolate \$1.50
- Spring Water \$2.00

Frozen Items :

- Assorted flavoured cups \$1.50
- Icy Poles \$1.00
- Chocolate milk cups \$1.00
- Lemonade cups \$1.00
- Fruit juice zip pops \$1.00