

# The Lunchbox

P&C Association  
KENMORE SOUTH STATE SCHOOL



## TERM 3 - Monday MENU

Tuckshop OSHC Uniform

### Snacks :

GF	Apple slinky	\$1.50
	Corn chips & guacamole	\$2.50
GF	Free range boiled egg	\$1.20
GF	Corn on the cob (butter optional)	\$2.50
	Turkish cheese toasties	\$3.00
	Warm apple pancakes & custard	\$4.00
	Home-made jam drops	\$1.00

### Sandwiches – plain or toasted :

	Vegemite	\$3.00
	Cheese	\$4.00
	Egg & lettuce	\$4.50
	Leg ham & cheese	\$4.50
	Leg ham/cheese/tomato	\$4.50
	Roast chicken/cheese/lettuce/mayo	\$4.50
	Roast chicken & salad	\$5.00
	Leg ham & salad	\$5.00
	Tuna/mayo/salad	\$5.00
	Garden salad sandwich - Vegetarian (cheese/tomato/lettuce/carrot/beetroot/bean sprouts)	\$5.00

### Wraps :

	Leg ham & salad	\$5.00
	Roast Chicken/mayo/salad	\$5.00
	Tuna/mayo/salad	\$5.00
	Garden salad wrap	\$5.00

### Lunch Box :

	½ wrap/muffin/fruit/pikelet	\$5.50
--	-----------------------------	--------

### Snack Pack : GF

	Cheddar rice crackers – celery/cheese/carrot sticks/tub of hummus/pikelet	\$5.50
--	---	--------

# TERM 3 - Monday MENU

P&C Association  
KENMORE SOUTH STATE SCHOOL



Tuckshop OSHC Uniform

## Hot Meals :

Taco Boats : Ground Mexican beef with cheese/diced tomato/lettuce & sour cream	\$6.00
Honey & Soy chicken wings served on brown rice	\$6.00
Butter chicken - GF	\$6.00
Home-made pumpkin soup & warm turkish	\$5.50
Home-made pumpkin soup & warm GF roll - GF	\$5.50

## BLT :

Pan fried short cut bacon/tomato/lettuce/mayo on toasted Turkish	\$6.00
--	--------

## SUSHI MUST BE PRE-ORDERED AND AVAILABLE 2<sup>ND</sup> BREAK ONLY :

Beef teriyaki / soy sauce	per serve	\$3.50
Combo chicken / soy sauce	per serve	\$3.50
Avocado / soy sauce - vegetarian	per serve	\$3.50

## Beverages :

Orange Nudie Juice	\$2.20
Tropical Nudie Juice	\$2.20
Apple Nudie Juice	\$2.20
Hot chocolate	\$1.50
Hot chocolate with marshmallows	\$2.00
Cold chocolate	\$1.50
Spring Water	\$2.00

## Frozen Items :

Assorted flavoured cups	\$1.50
Icy Poles	\$1.00
Chocolate milk cups	\$1.00
Lemonade cups	\$1.00
Fruit juice zip pops	\$1.00