

# The Lunchbox

P&C Association  
KENMORE SOUTH STATE SCHOOL



## TERM 3 - Wednesday MENU

 Tuckshop  OSHC  Uniform 

### Snacks :

GF	Apple slinky	\$1.50
GF	Seasonal fruit	\$3.50
GF	Free range boiled egg	\$1.20
GF	Corn on the cob (butter optional)	\$2.50
	Turkish cheese toasties	\$3.00
	Raisin toast	\$1.50
GF	Summer cups: jelly/fruit/custard/crumble	\$0.80
	Pikelets (2 per packet)	

### Sandwiches – plain or toasted :

	Vegemite	\$3.00
	Cheese	\$4.00
	Egg & lettuce (free range)	\$4.50
	Leg ham & cheese	\$4.50
	Leg ham/cheese/tomato	\$4.50
	Leg ham/cheese/onion	\$4.50
	Roast chicken/cheese/lettuce/mayo	\$4.50
	Roast chicken & salad	\$5.00
	Leg ham & salad	\$5.00
	Tuna/mayo/salad	\$5.00
	Garden salad sandwich - Vegetarian (cheese/tomato/lettuce/carrot/beetroot/bean sprouts)	\$5.00

### Wraps :

	Leg ham & salad	\$5.00
	Roast Chicken/mayo/salad	\$5.00
	Tuna/mayo/salad	\$5.00
	Garden salad wrap	\$5.00

### Lunch Box :

	½ wrap/muffin/fruit/pikelet	\$5.50
--	-----------------------------	--------

### Snack Pack :

	Brown rice crackers – celery/cheese/carrot sticks/tub of hummus/pikelet	\$5.50
--	---	--------

# TERM 3 - Wednesday MENU

P&C Association  
KENMORE SOUTH STATE SCHOOL



Tuckshop OSHC Uniform

Salad Bar :	GF	Fresh garden salad	\$6.00
		Leg ham salad	\$6.00
		Chicken Caesar salad	\$6.00
Hot meals :		Spaghetti Bolognese	\$6.00
Pizzas :		Cheese	\$5.50
		Ham & Cheese	\$5.50
		Italian	\$5.50
Sausage Sizzle :	GF	Chicken sausages with cheese melt wrapped in bacon on rice noodles with cherry tomatoes	\$6.00
Turkish chicken & cheese :		Toasted Turkish roll with roast chicken & melted cheeses (optional sauces – tomato/BBQ/Mayo)	\$6.00

## Beverages :

Orange Nudie Juice	\$2.20
Tropical Nudie Juice	\$2.20
Apple Nudie Juice	\$2.20
Hot chocolate	\$1.50
Hot chocolate with marshmallows	\$2.00
Cold chocolate	\$1.50
Spring Water	\$2.00

## Frozen Items :

Assorted flavoured yoghurt cups	\$1.50
Icy Poles	\$1.00
Chocolate milk cups	\$1.00
Lemonade cups	\$1.00